

UNITED WAY OF MILFORD

20 Evergreen Avenue
Milford, CT 06460

Our Mission
is to
Strengthen
and Enhance
Community
and Family
Life.

Inside this issue:

From the President	1
United Way of Milford Events	2
Partner Agencies' Events	4
United Way Profiles	6

United Way



Volume 1, Issue 8

August 2011



From the Desk of the President...

We have a wonderful core of volunteers here at the United Way. They are an energetic and enthusiastic group of individuals with a wide variety of backgrounds and interests. What our volunteers have in common, however, is that they are all willing to share their talents for the benefit of the Milford community. Whether it's answering the phone or asking for money, organizing events or singing in them, these individuals are what make the United Way of Milford so strong. We have a full calendar in the next few months with some great projects and events designed to raise money for and increase awareness of the needs in our community. None of these endeavors would be possible without the efforts of the volunteers who give of their time and resources. Thanks to Harry Garafalo and his United Way Month at ShopRite, we have been able to start the 2011 Campaign with nearly \$13,000. Subway has generously donated the space, food, and drinks for our Campaign Kickoff on Sept. 14. Our golf committee has been working hard on the 10th annual Golf Classic to be held on Sept 23, and our Women with United Vision have made plans for an entertaining and edifying fall. Our marketing group is planning a night of cabaret entertainment, while our campaign cabinet is already hard at work contacting businesses and individuals to raise funds for our 2011 campaign. All of these people work hard at what they do because they share the common goal of strengthening families, nurturing children, and meeting the critical needs of our city. Fortunately, we will have some fun while doing so, whether it's playing 18 holes, learning how to twitter, or enjoying Kristin Huffman singing Broadway show tunes. I encourage you to get out your calendars and start saving these dates. They promise to be great events – not just because of the efforts of the volunteers who plan them, but also for the terrific group of people who will be there!

REACH OUT A HAND
TO ONE AND
INFLUENCE
THE CONDITION OF ALL.

United Way
envisions a
world where all
individuals and
families achieve
their human
potential
through
education,
income stability
and healthy
lives.



Events Fall 2011

Women with United Vision presents an exciting fall series for women who wish to make the most of social media. Entitled "Social Media 201: Beyond the Basics," the series will take place at the Literacy Center of Milford and include 3 seminars: Facebook (9/20), LinkedIn (10/18), and Twitter (11/15). Register for one, two, or all three. Each seminar is \$20 and begins with networking and light fare (5:30-6:15), followed by a presentation with time for questions (6:15 – 7:30 pm). Space is limited to 20 women so get social and register now! (10 desktop computers will be available; when registering please indicate whether you will bring a laptop with wireless access. Contact the United Way at (203) 874-6791 to register.)

Women with United Vision is a Women's Leadership Initiative of the United Way of Milford for women who wish to impact the future of women, children, and families in the Milford community. To become involved, contact the United Way of Milford at (203) 874-6791.

Save the Date
"What Every Woman Wants to Know"
For women only!

Presented by Women with United Vision
Wed. Oct 26, 6 pm., Milford Fine Arts Council



SHOPRITE AND UNITED WAY OF MILFORD REACH GOAL!

We are pleased to announce that almost \$13,000 was raised during United Way Month at ShopRite thanks to the generosity of Mr. Harry Garafalo, owner of ShopRite of Milford. Hotdogs and sodas were on sale on Tuesdays, Saturdays, and Sundays in July; as well, donations could be made at the register. Besides Harry Garafalo, the United Way of Milford would also like to thank our wonderful volunteers who were on hand to spread awareness of the United Way and the programs it supports, as well as the members of the community who continue to support our endeavors. **Thank you!**

LIVE UNITED. UNITED WAY OF MILFORD



Find us on facebook! Get the most recent updates, see event photos, and learn more about what we are doing. Search for United Way of Milford and become a fan!

INVEST
IN
YOUR
COMMUNITY

CHAMPION
THE
CAUSE

GIVE
YOUR
TIME

UNITED WAY OF MILFORD UPCOMING EVENTS



SAVE THE DATE



United Way of Milford 2011 Campaign Kickoff!
Wed. Sept. 14, 2011, 5:30-7:30 pm
\$25 includes hot and cold appetizers
and beverages

Hosted by Subway at Subway World Headquarters
325 Bic Drive, Milford
To RSVP contact the United Way of Milford office at
(203) 874-6791



UNITED WAY 10th ANNUAL GOLF CLASSIC

The United Way 10th Annual Golf Classic will take place Fri. Sept. 23 at Grassy Hill Country Club, Orange, CT. Registration and lunch begin at 11:30 a.m. with a 1:30 p.m. tee off—shotgun start, followed by dinner and awards at 5:30 p.m. Sponsorships and four-somes are still available! Contact the United Way at (203) 874-6791 or www.unitedwayofmilford.org.

Broadway Babes: One Voice, One Gift

Join us for an evening of entertainment as Kristin Huffman and her "Broadway Babes" showcase the work of the United Way and its partner agencies in the Milford community. Saturday Oct. 15 at the Lauralton Hall Auditorium, 200 High Street, Milford. Cabaret begins at 7.

FREE! TAKE ONE!
SAVE UP TO 30% OR MORE!
¡LLEVE GRATIS!
Ahorros Inmediatos Para Medicamentos

United Way of Milford United Way

FREE PRESCRIPTION DISCOUNT CARD

familywize
www.familywize.com

FOR EVERYONE - FOR IMMEDIATE USE
 - Accepted Nationwide by Most Pharmacies - For All Prescriptions Not Covered by Insurance
 - Use as Often as Needed - Make Copies for Friends and Co-Workers

Member ID	080350
Group ID	39751
BIN	010704
PCN	PW

Pharmacy: 87-HELIP-077
 Member: 866-818-3784
 Expires: December 31, 2010

THIS IS NOT INSURANCE - DISCOUNTS ONLY

The United Way of Milford is pleased to announce that members of our community have saved \$182,748 on prescriptions since the program's inception. Familywize allows those with no health insurance or prescription coverage to save 30% or more on prescriptions. Over 900 United Way agencies and America's Promise Alliance Partners have come together to coordinate this program. Familywize prescription drug discount cards are available at the United Way office. If you know of anyone who could benefit from this program, please have them contact us.

**UNITED
WAY
DOLLARS
MAKE
A
DIFFERENCE!**

PARTNER AGENCY HAPPENINGS

Bridges

FOLKS ON SPOKES— FOLKS ON FOOT
Sun. Sept. 18 Fowler Field. To register
got to www.folksonspokes.org or
www.folksonfoot.org

Milford Senior Center

The Milford Senior Center will be closed
Mon. Sept. 5 for Labor Day

AARP Driving Course 9/6 from 9 am to 1
pm

"The Art of Thinking and Acting with a
Positive Attitude" by psychologist Mabilia
London-Forest 9/8 at 1:30

Movie: "Accidental Husband" 9/9 at
1:15 pm

"The Connecticut Home Care Program"
presented by law firm of Kelly, Bishop &
Jackson 9/12 1:30 pm

Presentation on Nordic Walking by Jack
Fila followed by four classes 9/12 at
4:15 pm

Professional singer Kerry Lambert 9/13
at 1:15 pm. Jim Lambert on Medicare
supplement and BEClose Monitoring
System

Milford Senior Center Choral Group pre-
sents "The Cabaret" 9/16 at 1:15 pm
and 9/18 at 2 pm

Italian classes resume 9/19 at 11 am

"Reverse Mortgages" by Lou Bacash
9/19 1:30 pm

Movie: "Opa" 9/23 at 1:15 pm followed
by Ice Cream Social

Senior Health Day 9/26 9am -12 pm

Back to School Backpack Program

For the past 15 years, Milford
Youth and Family Services
has been supplying needy
Milford youth with fully
stocked backpacks so they
can start the school year off
right. Backpacks are donated



in the beginning of the sum-
mer by the Salvation Army and then distributed to
local organizations and churches to be filled. This
year more backpacks are needed than ever, and
program coordinator Christie Roche has reached
out to the United Way and other community mem-
bers to help fill the gap. Says Roche, "I can't believe
how many people and organizations have stepped
up especially when times are hard for everyone.
This is my first year with the program and it has
been a very refreshing and rewarding experience."
So far, Christie and her assistant Melissa Dubiel
have filled over 305 backpacks with requests still
coming in. The backpacks have been delivered to
schools and will be awaiting their owners on the
first day of school. To make a donation, call Youth
and Family Services at the Milford Dept. of Human
Services (203) 783-3253.



Beth El Center
20th Annual Walk for
the Homeless
Sunday Oct. 16, 2011

Registration begins at 12:30 pm at Fowler
Memorial Building

2 1/2 mile walk begins and ends at Fowler
Field Pavilion. Refreshments, goodie
bags, and closing ceremonies after the
walk. To register contact Maria (203) 988
-8598 or Brenda (203) 878-9890 or go to
www.bethelmilford.org.

BOYS & GIRLS CLUB TO HOST PUMPKINS ON THE PIER



Saturday Oct. 15 (rain date Oct. 16) will be the Boys and Girls Club first Pumpkins on the Pier event sponsored by The Milford Bank. The event will take place from noon to 7:30 pm at Walnut Beach. Besides pumpkin sales, there will be pumpkin and pier decorating contests, a family fun run, antique and classic car show, sand sculpture competition, pumpkin pie eating contest, miniature golf, games, and entertainment. Food and beverages will be on sale, as well as tickets for horse and buggy and hay rides. Admission is free; coupons for pumpkins can be purchased ahead of time or the day of the event. Besides The Milford Bank, the Boys and Girls Club would like to thank its sponsors, Stratton Faxon, OEM Sources, and TD Bank. Funds raised will benefit the programs of Boys and Girls Club of Milford, a local non-profit organization which opened its doors in Milford in 2008. The Club operates an afterschool program from September through June, as well as programs for homework help, healthy eating, fitness, and bully prevention. Over 300 Milford youth, ages 6 to 18 are members of the Club located in the West Shore Community Center on Benham Avenue. For more information or sponsorship and volunteer opportunities, contact Boys and Girls Club Executive Director, Megan Altomare at (203) 713-8055 or www.pumpkinsonthe pier.com.

Milford's Promise 6th Annual Red Wagon Youth Fair



Bring the entire family to Fowler Pavilion from 11-3 pm on Sun., Sept. 18th, to help Milford's Promise support youth programs across the city. The event will be held in tandem with Bridges' Folks on Spokes/Folks on Foot and includes moonbounce, pedi-cab rides, games, magic, food, and cake walk. For more information or to register a booth, contact Danielle Dumont at (203) 490-9160 or at Danielle.Dumont@ymail.com.

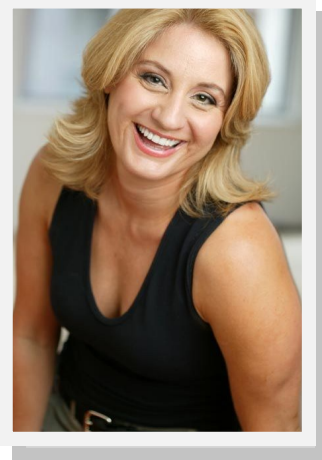
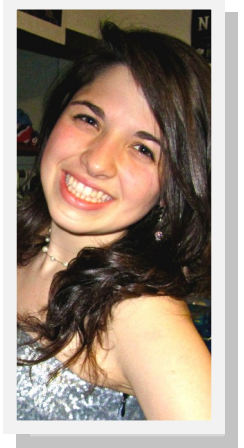


The Kennedy Center's 7th Annual Breakfast Challenge will be Wed. Sept. 21 at the Circle Diner in Fairfield. The 47th Annual Four Seasons Ball will take place on Sat. Oct. 29th at the Patterson Club in Fairfield to benefit the Center's Residential Services. A Cocktail reception and presentation begins at 7 pm followed by dinner and dancing at 8. For more information or to participate in either event, contact www.thekennedycenterinc.org or Tiffany Sikorsky at (203) 365-8522. ext.216.

UNITED
WAY
PARTNERING
TO
HELP
MEET
CRITICAL
NEEDS

Meet our Summer Intern

The United Way of Milford has been fortunate to have Rebecca Rego, our summer intern, on staff this summer. Rebecca remembers coming as a small child to the United Way office with her mother, Kim Garvey, an active volunteer in the Milford community. A graduate of St. Mary School and Luralton Hall, Rebecca will be returning for her sophomore year to Northwestern University where she is majoring in social policy and international studies. At Northwestern, Rebecca writes for a student online publication and was on the board of NU Gives Back for which she helped organize community service projects for Northwestern students in the town of Evanston, IL. After graduating, Rebecca hopes to join Teach for America for a year and then work with a nonprofit in South America. Since 2006, she has assisted her father, Dr. Mark Rego, procure donations and medical supplies for the mental health clinic he runs in Peru. She credits her parents' influence for her drive to give back to the community. Rebecca loves Milford and says that working for the United Way this summer has been a perfect fit: "This is exactly what I wanted to do. I love learning practical skills and seeing how an organization works on a community scale and having even a small impact on the Milford community has been an amazing experience."



Kristin Huffman: Will Sing for Non-Profits!

Kristin Huffman, a United Way volunteer, has performing for non-profits in her blood. As the daughter of a Lutheran minister, she often performed with her talented family for local organizations in her native Ohio. Using art performances as a way to draw attention to nonprofits even became her platform as Miss Ohio (1990) and as Miss America runner-up. Kristin has enjoyed a varied career, working in professional opera and musical theater across the country and abroad and even covering the arts as an NBC reporter in Ohio. More recently, she appeared in the Tony award winning and Grammy nominated revival of Stephen Sondheim's "Company" in which she played a leading role as well as flute, sax, and piccolo. Currently working on establishing a professional non-profit theater in Stamford, she also finds time to write a weekly column in Broadwayworld.com, called "Actorquest."

Kristin realized early on that she could draw attention to the nonprofits she cared about with her performances. As Miss Ohio, she was even willing to take a pie in the face and sing from a dumpster to support her favorite charities! After years of involvement in productions for nonprofits, she started "Broadway Babes," a group of Broadway singers who will put together a themed cabaret fundraiser for non-profits. Kristin will be singing for the United Way on October 15 in a tribute to the United Way's various partner agencies. We are lucky to have her on board!